

Summer 2026

**NEWSLETTER**



**FROM THE DIRECTOR'S DESK**

**DULUTH HARBOR MISSION**

# Birthday Party

## R.S.V.P. USING THE ENCLOSED ENVELOPE

Join Us for Our 10th Birthday Celebration!

We warmly invite you to celebrate our 10th birthday with our team and community.

### Event Details

- Harrison Community Center  
3002 W. 3<sup>RD</sup> Street Duluth, MN
- Saturday, September 12th
- 12:00 to 2:00 P.M.

We have so much to be grateful for, and we would love to share this special day with you!

## REAL-LIFE STORY

A Transformative Journey of Three Men

Three men, who have leaned on each other in life's struggles, have come to realize that Jesus is the way, the truth, and the life! For many years, they have utilized our resources, and honestly, it seemed unlikely that they would ever change. ...But God!

I am overjoyed to share that these men now travel together on the city bus to a local church on the east side of Duluth. They frequently participate in meal fellowship, worship, and teachings.

It's beyond my ability to convey the incredible work God is doing in their lives. Imagine this: three homeless men, often overlooked by society and deemed to have no potential, waiting together at the bus stop in order to travel to worship God. Also, while they are here, they join our daily afternoon Bible Time, and some days, take a Bible off the shelf to read aloud for others in the room.

The Holy Spirit is actively moving in their lives! It is truly beautiful! The men are cleaning up their outward appearance by shaving, and washing, along with cleansing their inward soul through the blood of the lamb.

**Be blessed knowing that your contributions enable men and women to experience God's cleansing in new ways everyday.**

**250 Years  
GOD HAS BLESSED  
AMERICA**



"It is impossible to rightly govern a nation without God and the Bible."

*1783 - George Washington*

## SUMMER IS HERE

Exciting News: Kid's Cafe Launches Third Season!

Kid's Cafe is kicking off its third season next week! We are incredibly grateful for your generous donations, which allow us to provide this program to local children who might otherwise miss out on a hot meal during the day. Thank you for your continued support of Kid's Cafe!

Additionally, our retired school teachers will be returning to offer tutoring and craft opportunities for the children.



**VENMO**

gifts  
to

@Harbormission

# The Impact of a Hot Meal for a Homeless Person



..has physical, mental, and social benefits.

1. Physical health and nutrition - having access to safe food provides balance, energy, and helps immune function and reduce the risk of foodborne illnesses. (Hearts for Homeless)
2. Mental and emotional well-being - A hot meal is a moment of comfort and relief in an often isolated life. It reduces anxiety, and with consistency can help stabilize mental health (mpiconnect.org)
3. Dignity and connection - Sharing a warm meal in a welcoming environment acknowledges a person's humanity and reminds them they are valued. (teamup2.org)
4. Community - Meal programs help to combat isolation and strengthen community bonds.
5. Practical considerations - Fresh hot meals high in calories and protien help sustain a body longer and are more nutritious than cold or processed food.
6. Bottom Line - A hot meal for a homeless person is not just sustenance - it's a lifeline that supports health, dignity, and connection. It addresses immediate needs while also offering hope and a sense of belonging, making it one of the most impactful acts of compassion possible.

## OUR NEEDS

10 INCH PAPER PLATES  
NAPKINS  
FRESH FRUIT-CANALOPE,  
STRAWBERRIES, ORANGES  
SANDWICH MEAT  
SNACK PACK ITEMS  
BLANKETS, RAIN PONCHOS,  
SIZE 11-13 MEN'S TENNIS SHOES  
SIZE 8-10 WOMEN'S TENNIS SHOES

## 2026 THUS FAR...

2315 MINISTRY OPPORTUNITIES  
2315 HOT MEALS SERVED  
WEEKLY SNACK PACKS  
566 VOLUNTEER HOURS LOGGED  
Daily devotional 8:45 a.m.  
Breakfast 8:30-10:00 a.m.  
Daily ministry hour 10:00 a.m.  
Lunch 10:45 - 1:00 p.m.  
Afternoon Bible time & prayer  
1:00 - 2:00 p.m.  
Street Outreach  
Community Dinners  
Kid's Cafe

## A PERSONAL NOTE

My recent journey to Phnom Penh, Cambodia was transformative. Before I left, I trusted there was more of God's presence to experience, and He faithfully revealed Himself and His glory to me in remarkable ways. I am eternally grateful for the chance to visit and collaborate with Extreme Love Ministries, which is dedicated to rescuing women and children from sex trafficking. I plan to return to Phnom Penh as soon as possible.

One aspect that weighed heavily on my heart was hearing comments suggesting we should not venture into places like this, with the notion that "we should take care of our own front porch." While I agree with that sentiment, we must also acknowledge that God calls us to go. America was not founded with the intention for us to simply sit back and accumulate wealth; it was founded for the Gospel to be spread across the globe. There needs to be a continuous flow of Christians reaching out to these impoverished nations, offering encouragement and hope through the message of Jesus Christ. If not us, then who?

There's a song by Roy Boltz, who sings with Gather Music, titled "Thank You." Its words speak powerfully about the impact Christians have on people in third-world nations. One line, from the perspective of the recipient speaking to the Christian, says: "Thank you for giving to the Lord, I am a life that was changed, I'm so glad you came." Moments like these change lives—both theirs and ours. I'm also reminded of 1 Thessalonians 2:8, which beautifully reflects the heart of a Christian's call: "Because we loved you so much, we were delighted to share with you not only the Gospel of God but our lives as well." I make a heartfelt appeal for everyone to support local missionaries and be the light Christ depends on—because yes, He is counting on us.

*Rich blessings to you,  
Veronica*



God's hand, God's love

